



■ Whataboutme.nz -The National Youth Health and Wellbeing Survey

Your school has agreed to take part in whataboutme.nz, a nationwide survey of young people in Aotearoa/New Zealand. The survey will provide important information about what it is like to be a young person in Aotearoa. The results from your school and 150 others around the country will inform future government, youth, health and wellbeing policy. Your school will also be able to access the overall school results for each question and comparisons between your school and regional and national data.

Up to 30 rangatahi in each year group will be randomly selected to complete the survey during school time with a researcher and youth worker from Malatest International. We will send whānau and students from participating classes information sheets with more details.

Students from your school will be completing

the survey on

The survey venue will be

The key school contact for this survey will be

Whataboutme.nz is completely anonymous and young people will not be asked to give their names or other identifying information. The survey is not compulsory and students do not have to take part. The survey asks rangatahi about their wellbeing including mental and physical health, identity, culture, sexuality, whānau and living arrangements.

The safety arrangements for the survey include:

- A handout for all students with information on where to go for help.
- A 'Get Help' button on the tablets which ends the survey and will send an email to someone in your school's pastoral care or wellbeing team.
- Having your pastoral care team available for any students who become distressed.

The research team includes a youth worker and a researcher. Both have been trained to look out for any rangatahi who show signs of distress. If this occurs for any of the participating rangatahi, the research team will take them to the pastoral care team.

More information about the survey can be found at www.whataboutme.nz or if you have questions you can contact Tim Rowland or Tara Pond at Malatest International on 0800 002 577 or email info@whataboutme.nz

