



Kia ora!

Nei rā te pōhiri kia whai wāhi mai koe ki tētahi rangahau patapatai e karangahia nei ko whataboutme.nz. Hei hāpai tēnei puka whakamārama i a koe ki te whakatau mēnā rānei koe ka whakauru mai. Ki konei whakamāramahia ai he aha mātou e whakahaere nei i tēnei rangahau, o kawenga ki te whakauru mai koe, ngā āhuatanga ka tūpono pā ki a koe i tō whakaurutanga mai, me ngā āhuatanga ka puta ā muri i te tutukitanga o te rangahau patapatai

Kua kōwhiria matapōkeretia tō hapori kia whai wāhi mai ki whataboutme.nz - he rangahau patapatai hou mō te Hauora me te Oranga Rangatahi. E whai nei mātou kia rongō kōrero i te 14,000 rangatahi, nō ngā tōpito katoa o Aotearoa, e pā ana ki ō rātou hauora, ki ō rātou oranga hoki, otirā, ki ngā mea e hirahira ana ki a rātou. Ka whakahaerehia te rangahau patapatai nei i waenga i ngā marama i te tau 2021.

■ Hei aha te rangahau nei?

Ko ngā kōrero ka puta i ngā rangatahi i te rangahau patapatai nei hei hāpai i te kāwanatanga, i whakahaere kē atu, otirā, i a ngāi kairangahau ki te whakawhanake i ngā kaupapa here me ngā ratonga kia:

- hāpai i te whanaketanga ora ka pakeke haere ana ngā rangatahi.
- whaiwhai haere i ngā kaupapa here me ngā hōtaka kua hāpaitia e ngā pūtea kāwanatanga kia mōhio ai e whai hua ana ngā rangatahi.
- whakapai ake i ngā hua mā ngā rangatahi, mā te hāpai i te whakapakaritanga o ngā kaupapa here me ngā ratonga.

■ He kaupapa matatapu rānei tēnei?

Ka mōhio ngā tāngata i te kura mēnā kua pōhiritia koe kia whai wāhi mai. E kore rātou e mōhio mēnā rānei koe ka whakaae ki te whakauru mai, ki ō kōrero rānei i te rangahau patapatai. Kāore e puta he ingoa. E kore tētahi tangata, tae atu ki te tira rangahau, ki ngā kura, ki ngā ratonga mātauranga, ki ngā Pokapū Rangatahi Aronga Tini, ki tētahi tangata rānei i te kāwanatanga, e mōhio ki ngā kōrero ka puta i a koe.

■ Ko wai mā ka pōhiritia?

Ka haere mātou ki ngā wāhi e kitea nei ngā rangatahi - pērā i ngā kura, i ngā Pokapū Rangatahi Aronga Tini, me ngā wāhi akoranga kē. Ka tonoa koekia whakautua ngā pātai ki tētahi papa rorohiko. Ka noho tahi atu tō mātou tira rangahau, tētahi

tangata rānei kua āta whakangungua pērā i tētahi kaitaurima rangatahi, i a koe e whakautu ana i ngā pātai.

■ Ka hia te roa e oti ai te mahi nei?

Tōna 20 meneti te roa e tutuki ai te whakautu i te rangahau patapatai.

■ E hāngai ana ngā pātai ki te aha?

Ko ngā pātai i te rangahau patapatai e hāngai ana ki:

- a koe anō - arā, ki tō pakeke, o iwi, tō ira me tō tuakiri hōkaka, tō wāhi whānau, me ngā reo e kōrerotia ana e koe
- tō whānau me tō kāinga - tō wāhi noho, ngā tāngata e noho tahi nei koe, me te hunga tiaki i a koe
- o huarahi whai mātauranga, o mahi, me o mahere mō ngā tau e tū mai nei - mēnā rānei ka haere koe ki te kura, o whakaaro e pā ana ki te kura, mēnā rānei e mahi ana i ngā mahi whai utu, i ngā mahi utu kore rānei, me o hiahia mō ngā tau e tū mai nei
- tō hapori me tō takiwā - o whakaaro e pā ana ki te hapori e noho nei koe, ngā rōpū e whai wāhi atu nei koe, me ngā mahi tūao
- o piringa me o hoa - tae atu anō ki o piringa hōkaka me ngā momo ārai hapū, ki tō aro anō hoki ki ngā āhuatanga karihika
- o whakaaro e pā ana ki tō ao i tōna katoa - mēnā e tau ana ki te āhua o te oranga, te hauora ā-tinana, ā-hinengaro hoki, mēnā rānei e whakaaro nei koe e tika ana te noho, e whakaaetia ana, otirā, e haumarua ana
- te haumarutanga me ngā mea kāore pea i pai i tō ao o mohoa nei, i ngā wā o mua rānei - ngā momo whanonga me ngā waranga whakawhara, mēnā rānei kua rongō nei koe i ngā āhua whakatoihara, whakamanioro rānei, i te tūkinotanga ā-kupu, ā-tinana rānei, mēnā anō hoki kua tūkino i a koe anō, kua whai whakaaro rānei ki te whakamomori
- ngā wāhi e haere nei koe ki te hia āwhina.

Hei te mutunga o te rangahau patapatai, ka wātea koe ki te kōrero mai mō tētahi tūāhua ka hāpai i a koe kia whai oranga pai ināianei, ā haere ake nei. E iri mai ana te rārangi ratonga ki tā mātou whārangi ipurangi, ki www.whataboutme.nz

Ki te whakararu tētahi pātai i a koe, ehara i te mea me whakautu e koe. Ka āhei tō tīpoka i ngā pātai, ka āhei hoki tō haukotu i te patapatai i te wā e hiahia ana.

■ Me aha ahau mēnā au ka hia kōrero atu ki tētahi ā muri i te rangahau patapatai?

Ka tukuna atu e mātou ētahi mōhiohio e pā ana ki a Youthline, ki ētahi atu wāhi anō hoki i ngā kura me ngā hāpori e taea ai e koe te toro atu kia whai tautoko ai. E iri mai ana tētahi rārangi o ngā ratonga e wātea ana hei tautoko i a koe ki tā mātou wharangi ipurangi. Ka mōhio ngā ratonga tautoko e pā ana ki te patapatai nei, ka mutu, ka tāria e rātou ngā whakapānga me ngā karere mai i ngā rangatahi.

■ Me mātua whakauru atu au?

E kāo! Māu tonu e whakatau mēnā rānei koe ka whakauru mai. Ki te kore koe e hia whakauru mai, ehara i te mea me kī ake e koe he aha i pērā ai, ka mutu, kāore tō whakatau e whai pānga ki ō akoranga, ki te āhua rānei o te manaakitia ōu. Ki te hia whakauru mai koe i tēnei wā, engari ka panoni ō whakaaro ā muri ake nei, ka āhei tō puta i te rangahau patapatai hei te wā e hiahia ana, tō whakautu rānei i te patapatai, me te tīpoka anō i ngā pātai kāore koe i te hia whakautu.

Ehara i te mea me mātua whakatau koe mēnā koe ka whakauru mai ki tēnei rangahau patapatai i tēnei rā tonu. Ko te whakatenatena ia kia wānangatia tēnei kaupapa ki tō whānau, ki ō hoa rānei, ka whakatau tahi ai mēnā rānei koe ka whakauru mai. Ki te whakatau koe ka kore koe e whakauru mai, me whakamōhio noa tō kura, me waea mai ki a mātou mā 0800 002 577, me whakakī rānei tētahi puka kei tā mātou whārangi ipurangi, kei www.whataboutme.nz, me whakanau ā-waha rānei hei te rā ka pōhiritia koe e mātou kia whai wāhi mai.

■ He aha rānei ngā tūraru o te whakauru ki te kaupapa?

Arā tonu ētahi tūraru ka pāmamae, ka māharahara rānei koe i te āhua o ngā pātai e pā ana ki ngā mea kāore i te tino pai i tō ao. Hei taurira, e whai wāhi ana ki te patapatai ko ētahi pātai ē pā ana ki te whakarekerekere, te whakaweti, te whakatoihara anō, me te tūkinotanga anō hoki kua pā pea ki a koe. Ka āhei tō tīpoka i ēnei pātai. Ka tukuna e mātou ētahi mōhiohio e pā ana ki ngā wāhi e taea ai e koe te toro atu kia whai tautoko ai.

■ Ka ahatia aku pārongo?

Ka whakamahia ngā pārongo i ngā rangahau, hei tuhi pūrongo anō hoki. Ka kitea ngā pūrongo whakarāpopoto me ngā ripanga ki te ipurangi, ka tukuna hoki ki ngā kura, ki ētahi atu wāhi anō hoki i hāpai i te rangahau patapatai nei. Kāore e whakaingoatia ngā tāngata i whai wāhi mai ki te rangahau patapatai i ngā pūrongo, i ngā ripanga rānei. He nui ngā mōhiohio ka whakairihia ki tā mātou whārangi ipurangi, ki www.whataboutme.nz, e pā ana ki te āhua o te haere o te rangahau patapatai, me ngā kitenga e puta mai ana. Ka tiakina ngā pārongo ki tētahi wāhi whakahaumarū, ka whakamahia ai kia whakatairite i ngā kitenga ki ngā rangahau patapatai ka puta ā muri ake nei. Ka puritia ki Tatauranga Aotearoa, ki tētahi wāhi haumarū e āhua orite ana rānei, otirā, ka wātea ki ngā pūmātauranga, ki ngā whakahaere kāwanatanga, ki ētahi atu anō hei hāpai i ā rātou mahi ki a ngāi rangatahi.

■ Ki te whakatau au kia whakauru ki te kaupapa, ka pēhea?

Ki te tonoa koe kia whai wāhi mai i te kura, tērā pea ka tonoa hoki te toenga o te karāehe kia whakautu i te patapatai. Ka matapakihia ngā mea katoa i tēnei puka whakamārama ki te rōpū, ka whakautua hoki e mātou ngā pātai. Kātahi koe ka tīmata ki te whakautu i te patapatai. Hei te whārangi tuatahi o te patapatai, ka tonoa koe kia whakaae ki tō whakaurutanga mai. Whai muri i tō tīmata, ka āhei tonu tō tīpoka i ngā pātai, tō whakamutu rānei i tō mahi.

He kōrero atu anō kei tā mātou whārangi ipurangi, kei whataboutme.nz, ka mutu, ka āhei hoki tō waea mai ki a mātou, ki 0800 002 577, hei te wā pai ki a koe.

■ Ko wai mā kei te pīkau i ngā utu o te rangahau patapatai?

Kua tonoa mātou e te Kāwanatanga, mā Te Manatū Whakahiato Ora, kia whakaere i tēnei rangahau patapatai.

■ Ko wai mā kei te kōkiri i ngā mahi?

Ko Malatest International tā mātou kamupene. Ko te kaiwhakahaere matua o te rangahau patapatai ko Debbie McLeod. He kōrero anō e pā ana ki a mātou e iri mai ana ki tā mātou whārangi ipurangi, ki www.malatest-intl.com. Ka āhei hoki tō waea mai ki a mātou ki 0800 002 577.

■ Mēnā e hia mōhiohio atu anō ana, mēnā rānei he āwangawanga ōku, me whakapā atu ki a wai?

Mēnā he pātai, he āwangawanga, he amuamu rānei ka puta hei tētahi wā, mō te rangahau nei, ka āhei tō whakapā mai mā te waea ki:

Malatest International: Stewart Graham,
info@whataboutme.nz, 0800 002 577

Te Manatū Whakahiato Ora: Melissa Cathro,
Policy Manager, Child and Youth Policy, 029 201 4290 or
melissa.cathro002@msd.govt.nz

Kaitohutohu Māori: Carel Smith, carel@arosolutions.co.nz,
waiho rānei tētahi karere poto ki 0800 002 577

Kua whakaaetia tēnei rangahau e te Komiti Matatika Hauora me te Hauātanga (Tohu tonu 19/CN/68). Mēnā koe e hia kōrero ana ki tētahi kāore i te whaipānga ki te rangahau, ka āhei tō waea atu ki tētahi kaihapai motuhake mō te hauora me te hauātanga ki 0800 555050, tō imēra rānei ki advocacy@advocacy.org.nz. Ka āhei hoki tō waea atu ki te Komiti Matatika Hauora me te Hauātanga, i whakaae mai ai ki tēnei rangahau, ki 0800 4 Ethics, tō imēra rānei ki hdecs@moh.govt.nz.

E ai ki te Health Research Council Ethics Committee ka taea e ngā taurira tekau mā rua, tekau mā toru tau te pakeke te whakautu i ngā pātai o tēnei rangahau patapatai.